

BRING YOUR A' GAME

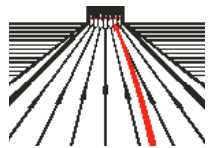
NO.14

BOWL A STRIKE EVERY TIME

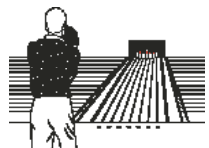
Grown-up lanes (think proper bars, decent music) continue to open across town. Time to skill up...



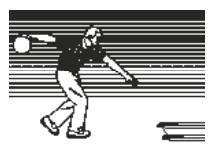
1 Pick a lighter ball – trust us – and sink your middle finger, ring finger and thumb inside, all up to the second knuckle. Don't grip; support the ball with your palm facing the ceiling.



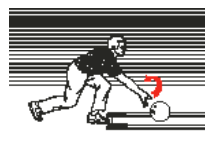
2 See those arrows halfway up the lane? Aim as above, with a view to hitting the "pocket" between the first and third pins. (Left handers: mirror these and all subsequent instructions.)



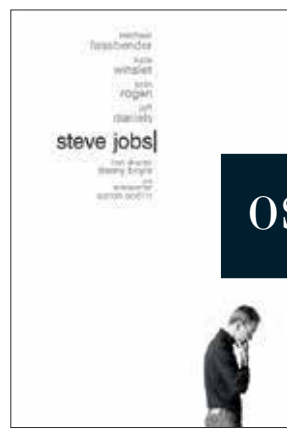
3 Line up a four-step approach to the foul line, starting with your left foot just right of centre.



4 Swing the ball backwards to shoulder level as you make your approach. Keeping your arm straight, use its pendulum motion – rather than your strength – to generate force. Slide into the final step.



5 Release the ball at the bottom of your downward swing, letting your thumb come out first. Slightly flick your hand anticlockwise for spin and follow through. Celebratory *Big Lebowski* references optional.



THE OSCAR BAIT



WRITERS' BLOCKS

It's Oscar season! Ahead of the awards on 28 February, we asked the writers behind two of the frontrunning films to explain the scene they found most difficult to get right...

The film

STEVE JOBS

The rise, fall and rise again of the man behind Apple.

The scene

Backstage at an Apple launch, Steve Jobs argues with Chrisann Brennan, the mother of his daughter, denying paternity. Its writer **Aaron Sorkin** (*The Social Network*) explains...

"The scenes with Chrisann are the ones that were rewritten the most. When I'm writing scenes with an argument between two people, one of them comes out on top. And initially I made Steve the good guy. But I decided to change that. He makes an entire speech about why he took a DNA test: he says the board, collectively, thought Chrisann was deranged and might come back and sue Apple. There were some lines that were funny and they felt good while writing them. But I was creating someone you wanted Steve to beat up and that wasn't fair. I take a lot of showers each day, especially if the writing isn't going so well. I put a new set of clothes on and feel refreshed. Those were certainly eight-shower days. You know the band Three Dog Night? Lumberjacks would sleep with a dog at night to keep them warm. And a very cold night was called a three-dog night. So those were eight-shower scenes." *Steve Jobs is out now.*

The film

SPOTLIGHT

An utterly gripping dramatisation of the real-life *Boston Globe* investigation into child abuse at the Catholic church.

The scene

Walter "Robby" Robinson, the head of the *Globe's* Spotlight investigative team, has his first meeting with the paper's new editor, Marty Baron. Its writers **Thomas McCarthy** (*Up*) and **Josh Singer** (*The Fifth Estate*) explain...

"It was the very last scene we shot, and we were tweaking it up to the last minute. There's a lot of information that it has to get across, including the financial situation at the *Globe* and the sense that Marty might be about to make cuts. But we wanted leave the audience unsure how they felt about the guy – we didn't want to spell out his plans for the paper in that conversation. So, originally, the dialogue was more towards Marty saying explicitly: 'I'm gonna make lots of cuts.' Then we had language that was too much the other way. The 'aha' moment was a line we gave Marty about making the paper 'essential to the community'. It was both really specific and a bit ambiguous – is he driving towards cutting the Spotlight team or not? And that language comes directly from our many meetings with the real Marty Baron." *Spotlight is out on 29 January.*

WOODEN-TONGUE WATCH

Style isn't simply about what you wear, it's also a matter of how you talk.

By order of *GQ*, never allow the following past your lips:

- 1 **With all due respect** Whatever follows will almost certainly contain none of the respect that's due.
- 2 **It is what it is** You don't say. 3 **360-degree** Even marketers now groan at that piece of jargon.
- 4 **Can I get a download on this?** You haven't fooled us. We still don't think you're smart.
- 5 **That's boss** Says he who's never going to become the boss.
- 6 **Run it up the flagpole** Why don't you go up there with it?

HATCHES TO CATCH

Time was, only supercars packed more than 300bhp. But a new breed of hyper hatchback brings serious speed to the people...

QUICK



BMW M135I
(320bhp, £31,860)

Unlike most hatchbacks, this one's rear-wheel drive. **Six sells!** True to BMW tradition it has a zippy 3.0-litre straight-six engine. Family man? A five-door's also available.



AUDI RS3
(362bhp, £40,795)

Brace yourself: it does 0-62mph in 4.3 seconds. That's 0.1 seconds off a Lamborghini Gallardo. **Fire up the Quattro.** Its all-wheel drive system makes it ride like it's on rails. And just like the Eighties rally legend it has a baritone five-cylinder engine.



VOLKSWAGEN GOLF R400
(395bhp)

Beefier than a Bugatti, its 395bhp and 2.0-litre engine dwarfs the power-output-per-litre of one of the most expensive cars in the world.

Shifting gear You won't be able to have a manual – insiders tell us it'll be a DSG auto only. It lands in 2016, but won't be cheap. Budget for a shade less than £40,000. **Matt Jones**

INSANE!

Illustrations: Dave Hopkins
Photographs: Getty Images

JACK OF ALL TRADES

GQ meets multi-instrumentalist Jack Garratt ahead of the release of his debut album, *Phase* (self-produced, of course)



In good company: Jack Garratt's Brits Critics' Choice award was previously won by Adele and Florence And The Machine

DON'T be fooled by that luxuriant beard: Jack Garratt is no folkie. Or, at least, not any more. Fresh from supporting Mumford & Sons and winning the Brits Critic's Choice award, the Buckinghamshire-born musician releases his debut album, *Phase*, a collection of hard-to-pigeonhole pop offerings such as "Weathered", which begins softly only to explode into euphoric, stereo-wobbling beats. Taking cues from everyone from James Blake to Stevie Wonder, it resists categorisation the way Garratt resists the razor. "My inspirations are drastically different," he says, "which is why my music is."

Just 24 and already a ten-year stage veteran, Garratt toured pubs as a young teenager with his acoustic guitar, before taking a left turn into electronic music 18 months ago. The new songs require a special rig to perform live, allowing him to sing, play piano, drum, strum and loop himself all at the same time. "I just did it," he says, modestly. "I didn't think of it as being this big, impressive, look-at-this-kid-doing-one-man-band stuff..."

But people are – and should be – impressed. Backstage at the Mumfords' Gentlemen Of The Road festival, Garratt plucked up the courage to approach the Foo Fighters. "[Drummer] Taylor Hawkins turned to Dave Grohl and said: 'Dude all that sound we heard earlier, that was *this* guy. That was just him.' And Dave said: 'You did all that by yourself?' It was amazing."

Now Garratt's star is ascending, will his expansive sounds gain an expanded line-up? "No, it's still the same setup: the drum pad, the keyboard, the guitar and my vocals. I haven't brought out my trombone... yet." **Matt Glasby** *Phase is out on 19 February.*

THE RUMOUR MILL

BY ALEX WICKHAM



Guardian journalist turned Corbyn spin doctor Seumas Milne hasn't quite got the hang of life on the dark side. Labour MPs sitting behind him in a meeting were able to look over his shoulder and see the contents of a message he was writing on his phone. Turns out he was slugging them all off!

The Culture, Media And Sport Select Committee is notorious for its perks. Recently, chairman **Jesse Norman**, Labour MP Julie Elliott and Tory Damian Collins all enjoyed paid-for trips to the Rugby World Cup, while Nigel Adams landed free Glastonbury tickets. No wonder a position is so sought-after.

Senior aide to shadow chief secretary to the treasury, **Ken Penton**, has delivered a damning assessment of Corbyn's leadership. He thinks that Jezza is "irresponsible, selfish and wrong" and his supporters are "self-indulgent and insular". Will Penton be next in line for the purge of moderates?

The Lib Dems lost 49 seats at the election, their HQ has suffered an exodus of staff and donations have dried up. That hasn't stopped them splurging £50,000 a year on a new "director of people". Since the party only has eight MPs left, that's a lot of money per person...