

# THE ANATOMY OF FEAR

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**The Book Of Horror** (due 22 September) is a new non-fiction exploration of the scariest movies of all time and what exactly it is that makes them scary. This isn't just another "100 Best" list or similar, but an analytical journey into the how and why of fear. It's separated into seven sections, each exploring a different facet of fear, from the grotesque to the uncanny to the unexpected, using infographics and black and white illustrations. Written by author, journalist and proper horror nerd Matt Glasby, this is the definitive guide to what properly messes us up.

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